

Knowing Someone's SOS

Severity	1	5	10
	Wisdom issue	Moderate conflict	Crisis
	Mild Stress	Distressed but functioning	Stronghold sin
	Everyday problems	More complex issues	Significant suffering
Ownership	1	5	10
	Repentant	Sees sin	Blameshifts
	Open	Makes excuses	Defensive
	Highly teachable	Moderately teachable	Denial - Not teachable
Support	1	5	10
	Close to family	Some family support	Estranged from family
	Intimate & Accountable	Few friends	No friends
	Vulnerable in small group	Somewhat open in small group	Isolated - Not in small group

Scores:

To find the right score, add your severity, ownership, and support scores together. You should come up with a score between 3 and 30. The following ranges will help you decide what to do next. Remember, you need to adjust responses on a case-by-case basis.

- 3-9 Care for in the group; possibly consult someone
- 10-21 Consult; possibly BSC referral for formal counseling
- 22-30 Refer to Pastor/Elder or to BSC for formal counseling